

# 2024 Catalogue



# Womancraft

## PUBLISHING

Life-changing, paradigm-shifting books  
by women, for women

# THE WOMANCRAFT STORY

Womancraft Publishing was founded on the revolutionary vision that women and words can change the world.

We act as midwife to transformational women's words that have the power to challenge, inspire, heal and speak to the silenced aspects of ourselves. We share powerful new voices with new visionary ideas, empowering our readers to actively co-create cultures that value and support the female and feminine. This, to us, is deeply exciting and powerful work.

An independent publisher founded in 2014 in Cork, Ireland by Lucy H. Pearce, our authors are based in the US, Ireland, Portugal, Canada and the UK. Several of our titles are in multiple languages – nine so far. We aim to share a diverse range of voices, of different ages, backgrounds, sexual orientations and neurotypes, seeking ever greater diversity.

Several of our books have been #1 Amazon bestsellers in many categories, as well as Nautilus and Women's Spirituality Award winners.

They have been endorsed by many of our heroines... and heroes: Jean Shinoda Bolen, Oriah Mountain Dreamer, Glennie Kindred, Naomi Lowinsky, Jane Meredith, Steve Biddulph, Dr Michel Odent, Miranda Gray, Lynne Franks, Phyllis Curott, Jeanine Cummins... and reviewed by CNN.com, *Cosmopolitan*, *Psychologies*, *The Irish Times*, *The London Review*, *Sage Woman*, *Kindred Spirit*, *Soul & Spirit*, *Watkins Books*, *Juno*, *The Green Parent*... They are shared far and wide on social media, including by P!nk, Paolo Coelho, Justine Musk... And most importantly are treasured as "life-changing" by women around the world.

As we find ourselves in a time where old stories, old answers and ways of being are losing their authority and relevance, we at Womancraft are actively looking for new ways forward.

We work on a full circle model of giving and receiving: reaching backwards, supporting Treesisters' reforestation projects and the UNHCR girls' education fund, and forwards via Worldreader, providing e-books at no-cost to education projects for girls and women in developing countries. Many of our books donate a percentage of royalties to causes aligned with their message. We donate many paperback copies each year to menstrual education projects, red tents, women's groups, women's libraries and prisons around the world including: India, South Africa, Haiti, USA, Canada, UK, Ireland and France...

Our engaged and dynamic authors are regularly invited to speak and teach at conferences, festivals, book groups and on podcasts. We are honoured that the Womancraft community is growing internationally year on year, seeding red tents, book groups, women's circles, ceremonies, classes and businesses - transforming lives and communities.

We are contributing to the change we want to see in this world. One book at a time.

## INTRODUCING... SARAH ROBINSON



Sarah is the best-selling author of *Yoga for Witches*, *Yin Magic*, *Kitchen Witch: Food, Folklore & Fairy Tale* and *Enchanted Journeys*.

A yoga teacher and author based in Bath, UK, Sarah's holds an MSc in Psychology & Neuroscience and has studied at Bath, Exeter and Harvard Universities. She explores the power of myth, magic and story in both her writing and yoga teaching, and is passionate about helping everyone connect to their own special magic and inner power.



An exploration of the history and culture of food, folklore and magic and those skilled in healing and nourishing – herbalists, wise women, cooks, cunning folk and the name many of them would come to bear: witch.

*Kitchen Witch* is an invitation to see the magic in every corner of your kitchen, to explore food, nature, magic, and transformation, to discover what the name of Kitchen Witch could mean to us in modern interpretations of ancient practices. May this book of stories and ideas show that there's magic in the mundane, witchcraft within your walls and the Goddess really is in the details.

### **Kitchen Witch**

Food, Folklore & Fairy Tale

Sarah Robinson

978-1910559-69-7

6 x 9 • 276 pages

RRP €13.99 • £11.99



*Yoga for Witches* explores a new kind of journey, between two powerful spiritual disciplines that can be combined with enchanting effects! Witchcraft and yoga share many similarities that are, for the first time, explored in combination, in this groundbreaking new title from Sarah Robinson – certified yoga instructor and experienced witch.

*Yoga for Witches* shares exercises, poses and the knowledge you need to connect to your own special magic and inner power.

*Namaste, Witches!*

Yoga for Witches  
Sarah Robinson

978-1910559-55-0  
5.5 x 8.5 • 232 pages  
RRP €13.99 • £11.99



The Kitchen Witch returns in this beautifully illustrated companion book to Sarah Robinson's bestseller *Kitchen Witch: Food, Folklore & Fairy Tale*...including many of the traditional and seasonal recipes referenced in that book.

Best-selling authors Sarah Robinson (*Kitchen Witch*, *Yoga for Witches* and *Yin Magic*) and Lucy H. Pearce (*Burning Woman*, *Creatrix* and *Medicine Woman*) combine forces with a diverse international coven of kitchen witches to share their favorite recipes, rituals and reflections on the magic that can be found...and made in the kitchen.

The Kitchen Witch Companion  
Recipes, Rituals & Reflections  
Sarah Robinson and Lucy H. Pearce

978-1910559-90-1  
8 x 10 • 200 pages  
RRP €17.99 • £14.99

## INTRODUCING... LUCY H. PEARCE



Lucy is author of a dozen life-changing non-fiction books, including Nautilus Award winners *Medicine Woman*, *Burning Woman*, and *Creatrix: she who makes*. Her writing focuses on women's healing through archetypal psychology, embodiment, historical awareness and creativity.

An award-winning graduate in History of Ideas with English Literature from Kingston University, and a PGCE from Cambridge University, and mother of three children, she lives in a small village by the Celtic Sea in East Cork, Ireland.

*A must-read for all women! A life-changing book that fills the reader with a burning passion and desire for change.*

**Glennie Kindred, author of *Earth Wisdom***



**2017 Nautilus Silver Award Winner.** A breath-taking and controversial woman's journey through history – personal and cultural – on a quest to find and free her own power.

Uncompromising and all-encompassing, Pearce uncovers the archetype of the Burning Women of days gone by – Joan of Arc and the witch trials, through to the way women are burned today in cyber bullying, acid attacks, shaming and burnout, fearlessly examining the roots of Feminine power – what it is, how it has been controlled, and why it needs to be unleashed on the world during our modern Burning Times.

**Burning Woman**

Lucy H. Pearce

978-1910559-16-1

5.5 x 8.5 • 284 pages

RRP €13.99 • £11.99



**2019 Nautilus Silver Award Winner.** Creatrix is more than just a fancy name for a female artist. She is artist *plus*...artist plus priestess, artist plus healer, artist plus activist: her work has both sacred and worldly dimensions. She is an energy worker first and foremost, weaving energy into form, color, words and sound, in order to transform herself and those her creations touch. With *Creative Inquiries and Practices*, this interactive book is written for all those that must create in order to live: for the Highly Creative, the Highly Sensitive, the multi-passionate, for those that shake when they share... Soulful, serious-minded, irreverent and authentic, let Creatrix take you on a journey to the heart of your creative soul.

**Creatrix**  
she who makes  
Lucy H. Pearce

978-1910559-49-9  
7.5 x 9.25 • 368 pages  
RRP €17.99 • £14.99



Hailed as 'life-changing' by women around the world, *Moon Time* shares an embodied understanding of the menstrual cycle.

Full of practical insight, spiritual wisdom, empowering resources and creative activities, this book will help reconnect you to the cycles within and beyond your body.

This tenth anniversary edition includes a diverse range of voices sharing lived experience of many facets of menstruation: endometriosis, perimenopause, menstrual migraine, PCOS, gender dysphoria, PMDD and neurodivergence.

**Moon Time**  
living in flow with your cycle  
Lucy H. Pearce

978-1910559-78-9  
5.5 x 8.5 • 258 pages  
RRP €13.99 • £11.99

## INTRODUCING... CARLY MOUNTAIN



Carly is a women's initiatory guide, a psychotherapist, a psychosexual somatic therapist, yoga teacher, breathworker and writer. For the last twenty years she has worked with sacred embodied practices. Carly stumbled across the Inanna story during her own descent to the underworld and was astonished by the symmetry it held with her own lived experience. Since then she has devoted to working with the myth and specializes in beholding others as they traverse the depths of initiation; both in therapy, breathwork and within courses that support women's awakening and unfolding.



*Descent & Rising* explores real stories of women's descents into the underworld of the psyche – journeys of dissolution, grief and breakdown precipitated by trauma, fertility issues, loss of loved ones, mental health struggles, FGM, sexual abuse, birthing experiences, illness, war, burnout...

This is territory that Carly Mountain, psychotherapist and women's initiatory guide, knows intimately, and guides us through with exquisite care and insight, using the ancient Sumerian myth of the goddess Inanna as a blueprint. She maps not only the descent but the rising, and familiarizes us with a process of female psychospiritual growth overlooked in patriarchal culture.

### Descent & Rising

Women's Stories & the Embodiment  
of the Inanna Myth

Carly Mountain

978-1910559-84-0

5.5 x 8.5 • 266 pages

RRP €13.99 • £11.99



## INTRODUCING... AMY WILDING



Amy has been leading sacred women's circles, mother-daughter circles and retreats, and rite-of-passage ceremonies since 2006.

She is a perpetual student of womanhood and spirituality, and is continually inspired by the place where the two realms overlap. Called to share her medicine with girls and women throughout the lifespan, she is a trained and loving guide in the areas of the Goddess archetype, sacred self-care, sexuality education, maidenhood, grief and loss, breastfeeding, and the menstrual cycle.



*Wild & Wise* is not merely a collection of written words, but a powerful tool for personal and global transformation. The meditations within beckon you to explore the powerful realm of symbolism and archetypes and invite you to access your wild and wise inner knowing.

This powerful collection of meditations is suitable for reflective reading, or to facilitate powerful group work in red tents, moon lodges, women's circles and ceremonies.

*Included in the top 100 best new Women's Spirituality books by the CIIS Women's Spirituality Graduate Program.*

### Wild & Wise

sacred feminine meditations for women's circles and personal awakening

Amy Bammel Wilding

978-1910559-37-6

5 x 8 • 175 pages

RRP €12.99 • £10.99

## INTRODUCING... LIZ CHILDS KELLY



Liz is a writer, award-winning researcher, educator, community builder, and host of the popular 'Home to Her' podcast, which is dedicated to amplifying the voices of the Sacred Feminine. Her writing has been featured in a variety of publications, including *Forbes*, *Mashable*, *Rebelle Society*, *Human Parts* (a Medium publication), and *Braided Way*, as well as the Girl God Books anthology *Just As I Am: Hymns Affirming the Divine Female*. An initiated priestess in the 13 Moons lineage, she also holds certifications in Reiki, as well as Vinyasa and Yin Yoga.



**2023 Nautilus Gold Award Winner.** *Home to Her* takes us on a journey, personal and collective, through time and place, to remember and reconnect with the lost and stolen wisdom of the Sacred Feminine, an ancient Divine force known intimately by ancestral peoples around the world. While in some cultures She remains a vibrant, living force, in the West Her wisdom and traditions have been lost or buried by patriarchal religions and traditions.

By reclaiming Her powerful wisdom, we reclaim our sovereignty and our ability to dream a more just, equitable dream for our future – one that honors the sacredness of all life.

### Home to Her

Walking the Transformative Path  
of the Sacred Feminine

Liz Childs Kelly

978-1910559-80-2

5.5 x 8.5 • 234 pages

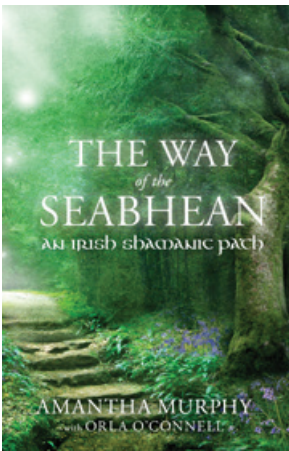
RRP €13.99 • £11.99

## INTRODUCING... AMANTHA MURPHY



Amantha is a mother and grandmother, celebrant, storyteller, Seabhean teacher, seer, and healer in the traditional Irish way, initiated by her grandmother. She lives in County Kerry, Ireland and began her spiritual work publicly in 1970 as a clairvoyant before moving into trance mediumship and healing.

Guided by her spirit and ancestral teachers, Amantha works with individuals and groups. She has lead sacred pilgrimages in Ireland since 1995. Her passion is the land – working through the Grandmothers, the Tuatha Dé Danann, and the Ancient Ones.



*What if we didn't have to look to other traditions for our spiritual practice?*

*What if we could connect to the roots of our own ancestors' rituals?*

Amantha Murphy was schooled in the ancient and hidden lore of wise women and healers, rooted in the Irish landscape and guarded over the years by her female forebears. In *The Way of the Seabhean*, she brings to life shamanic practices from the Irish tradition, combining story, ritual, energy teaching and the insights gathered from her own shamanic journeying. Transcribed by Orla O'Connell.

**The Way of the Seabhean**

an Irish Shamanic Path

Amantha Murphy

978-1910559-63-5

5.5 x 8.5 • 240 pages

RRP €13.99 • £11.99

**Crow Moon**  
 reclaiming the wisdom of the dark woods  
 Lucy H. Pearce  
 978-1-910559-88-8 • 8.25 x 8.25 • 220 pages  
 RRP €14.99 • £12.99

MARCH 2024



Three-time Nautilus award-winning author Lucy H. Pearce's previous best-selling book *Burning Woman* was an initiation of fire, *She of the Sea* an initiation of water and *Crow Moon* is an initiation of earth and air, a way back to the heart of ourselves through wild revelation.

Strikingly illustrated by the author, with contributions from over thirty women – artists, healers, authors – midlife women who have also been called by the strange magic of crows at decisive moments in their lives.

*“Suddenly the sky overhead is alive. From east and southeast, west and northwest, large black birds fly, travelling in their groups of hundreds, swirling, cawing, interweaving, dancing a greeting in the air. The sky is thick black feathered. We watch in awe as they combine and dissipate above our heads, as though we are lying on the bottom of the ocean, looking up at the surface world. Then, without signal or warning, they circle the heart of the wood and land in hidden roosts. Silence falls once more.”*

After months of feeling lost and burned out, a chance encounter with crows begins an adventure in the dark woods – inner and outer – leading to a strange and powerful initiation.

*Like breadcrumbs along the path, Lucy sprinkles stories, images, and insights about the crow as she leads us deeper into the dark woods of our imagination in search of our authentic selves. This is a book to meditate on and nest in, often. It is filled with the everyday magic of life.*

– Mary Reynolds Thompson, author of *Reclaiming the Wild Soul* and the forthcoming *The Way of the Wild Soul Woman*



**Soulful Pregnancy**

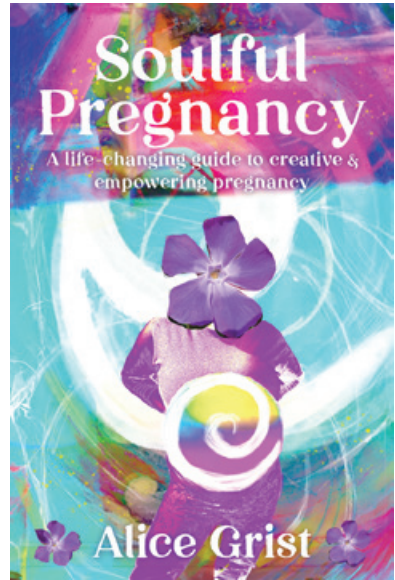
a life-changing guide to creative  
and empowering pregnancy

Alice Grist

978-1-910559-92-5 • 6 x 9 • 210 pages

RRP €13.99 • £11.99

JUNE 2024



*Soulful Pregnancy* is a rich and fulfilling guidebook to pregnancy and new motherhood from award-winning spiritual author and mother of three, Alice Grist. Learn to harness the life-changing transformation that happens during pregnancy, and feel empowered to witness and work with all that unfolds during your journey to motherhood.

*Soulful Pregnancy* meets you where you are at each week of your pregnancy, with specially designed practices and empowering activities appropriate to the burgeoning magic within. Each week consists of:

- Themed inspiration and guidance for the week ahead
- A guided meditation
- A soulful task,
- A creative task
- Journal prompts
- An affirmation

Together these practices support you to dive deep into your personal power and unique creative expression, providing an authentic and spirited understanding of your pregnancy and meaningful preparation for motherhood.

*A profound and valuable book about the spiritual journey that is pregnancy. Alice's own account of each of her three pregnancies honours and acknowledges the individuality of each journey and encourages the reader to lean into her own experience.*

– Ashlyn Gibson, author, *Creative Family Home*, founder of [blesstories.com](http://blesstories.com)

*This empowering take on one of life's most transformative journeys captures the magic and creative potential of pregnancy. Alice is the inspiring yet grounded voice I wish I'd had when I first became a mother. I'll be buying this book for all my pregnant friends.*

– Emma Howarth, author of *A Year of Mystical Thinking*

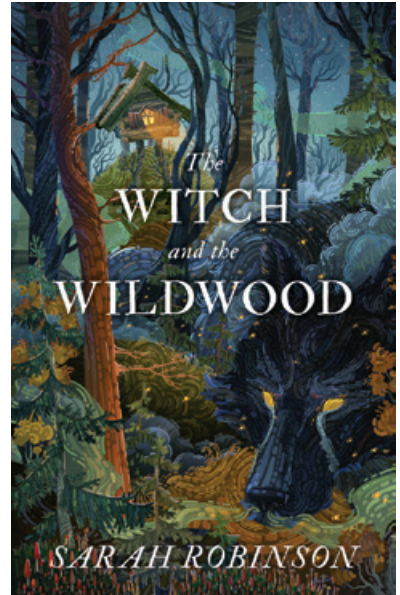
SEPTEMBER 2024

## The Witch and the WildWood

Sarah Robinson

978-1-910559-94-9 • 5.5 x 8.5 • 185 pages

RRP €12.99 • £10.99



Welcome to the wildwood, where magic hides in ancient roots.

In the hidden shadows amongst the trees, tales of witches are whispered. What is it about the wild that draws us in and has captured our imaginations for so long? The Witch and The Wildwood delves into stories of the woods as told through some of its most enchanting inhabitants: witches, fairy folk and magical creatures.

This is an invitation to find enchantment. And why not? Surely, we can all bear a little more magic, and a little more wild in our days. This book is an ode to the untamed spirit that resides within all of us – a reminder that there is magic in the air, ancient wisdom and beauty in the wild.

Let's journey through the wildwood and her spells together...

Prepare to:

- Fall under the spell of the witch maidens, deer-women, she-wolves, 'wildalones' and women of wild waters who sit in willow trees plotting delicious revenge.
- Meet the real witches of the wildwood, and those who were tried for witchcraft.
- Unearth the common threads that bind the wild woman archetype across time and its explosion of popularity in recent times.
- Explore the fairy and folk tales of the witch that lives in the woods, beckoning you into a world where magic and reality intertwine.

*Sarah Robinson skillfully guides readers into the dark and enchanted forest, following the scary trails of fairy tales and ancient myths, discovering fairies and monsters, teaching trees and Earth Goddesses, antlered Gods and Green Men, and finding Witches, the wise and untamed women whose holy, healing magic will transform you into the magical being you are meant to be.*

– Phyllis Currott, Witch, author of *Spells for Living Well*, *the Witches' Wisdom Tarot*, *Book of Shadows*

## The Flesh and the Fruit

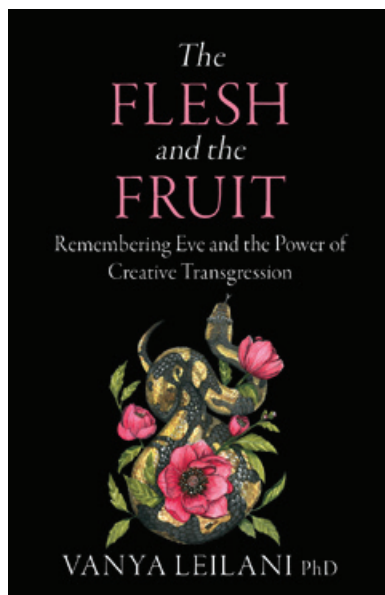
Remembering Eve and the Power  
of Creative Transgression

Vanya Leilani, PhD

978-1-910559-96-3 • 5.5 x 8.5 • 148 pages

RRP €12.99 • £10.99

NOVEMBER 2024



During a time when unruly questions were disrupting her devotion to the religion of her youth, Vanya Leilani encounters Eve – not the literalized Eve that has for so long been a stand-in for every (fallen and guilty) Woman, but the mythic and archetypal Eve that shows us something about our deep lives. In the shadows of her questions, Vanya met the Eve that transgressed and became like the gods: sovereign and knowing.

Vanya Leilani remembers the story of Eve in the Garden of Eden, not only exposing the harmful ways it has been used, but more importantly, uncovering what is hidden in this story: the Goddess in the Garden, along with her ways of being and knowing.

Part mythological exploration, part cultural commentary, and part personal memoir, this book delves into the shadow this story has cast and, in that shadow, finds ways of being and knowing that have long been exiled in patriarchal consciousness. The original transgression, that has for so long been used as proof of our fallenness and depravity, emerges as a powerful creative act toward freedom, knowing, and sovereignty.

*The Flesh and the Fruit* is an invitation for us to learn to live more freely in our nature, to believe in our beauty and inherent worth rather than in a poisonous tale of our fallenness and depravity, and to challenge the hierarchical systems of power over that sever us from ourselves, from each other, and from the Earth. It is an invitation for us to step into the center of our own circles and to live from our own wild knowing.

*An important addition to feminist literature. This book is a subversive must-read for anyone who has transgressed (or longs to) only to find a richer world on the other side.*

– Natalie Bryant, author of *Muddy Mysticism*

*A beautiful blend of scholarship and a life well-lived.*

– Gina Martin, author of the *When She Wakes* series



5.5 x 8.5  
154 pages  
Paperback  
RRP €10.99  
• £9.99



5.5 x 8.5  
284 pages  
Paperback  
RRP €13.99  
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RRP €17.99  
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**Birthkeeper of Bethlehem, Burning Woman**

**The**  
a midwife's tale  
**Bridget Supple**  
978-1-910559-82-6

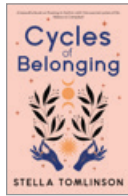
**Lucy H. Pearce**  
978-1-910559-16-1

**Creatrix**  
she who makes  
**Lucy H. Pearce**  
978-1-910559-49-9

*NEW March 2024*



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**Lucy H. Pearce**  
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**Cycles of Belonging**  
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**Stella Tomlinson**  
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**Descent & Rising**  
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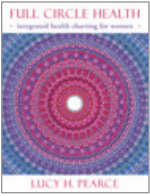
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**Flesh and the Fruit, The**  
Remembering Eve and the  
Power of Creative Transgression  
**Vanya Leilani, PhD**  
978-1-910559-96-3





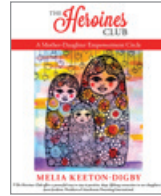
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integrated health  
charting for women  
**Lucy H. Pearce**  
978-1-910559-22-2



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£6.99

**Goddess in You, The**  
Text by **Patricia Lemos.**  
Illustrated by **Ana Afonso.**  
978-1-910559-35-2



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260 pages  
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A Mother-Daughter  
Empowerment Circle  
**Melia Keeton-Digby**  
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Path of the Sacred Feminine  
**Liz Childs Kelly**  
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Food, Folklore & Fairy Tale  
**Sarah Robinson**  
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• £14.99

**Kitchen Witch  
Companion, The**  
Recipes, Rituals & Reflections  
**Sarah Robinson and  
Lucy H. Pearce**  
978-1-910559-90-1



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birthing the purplestocking  
movement  
**Vanessa Olorenshaw**  
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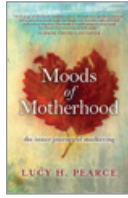
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**Medicine Woman**  
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**Lucy H. Pearce**  
978-1-910559-33-8



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**Mistress of Longing, The**  
Wendy Havlir Cherry  
978-1-910559-51-2



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mothering  
Lucy H. Pearce  
978-1-910559-21-5



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258 pages  
Paperback  
RRP €13.99  
• £11.99

**Moon Time**  
living in flow with your cycle  
Lucy H. Pearce  
978-1-910559-78-9



5.5 x 8.5  
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**Mother in the Mother**  
looking back, looking  
forward – women's reflections  
on maternal lineage  
Pippa Grace  
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**Muddy Mysticism**  
The Sacred Tethers of  
Body, Earth and Everyday  
Natalie Bryant Rizzieri  
978-1-910559-65-9



5.5 x 8.5  
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• £11.99

**Other Side of the River,  
The**  
Stories of Women,  
Water and the World  
Eila Carrico  
978-1-910559-10-9



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• £7.99

**Reaching for the Moon**  
a girl's guide to her cycles  
Lucy H. Pearce  
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6 x 9  
298 pages  
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**Red Tents**  
Unravelling Our Past and  
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Mary Ann Clements and  
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5.5 x 8.5  
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• £9.99

**She is Here**  
Book 3 of the  
When She Wakes series  
Gina Martin  
978-1-910559-76-5



5.5 x 8.5  
306 pages  
Paperback  
RRP €13.99  
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